



Medical Skin and Laser
3/37 Elizabeth Street
Kalamunda 6076
(08) 6293 1066

RF Microneedling After Care

Please follow the below aftercare regime to maximize the results of your treatment and assist with the healing process.

Cleanse your face morning and night using Advance cleanser till day 4 and then switch to our Foamer 15 cleanser. We recommend one pump of cleanser onto cotton makeup pads, gently cleanse your face, then rinse off.

After cleansing apply Stratamed (silicone dressing) to the treated area (ie face, neck, décolletage). Do this morning and night. Let dry for a few minutes and then apply K Ceutic, an intensive recovery cream which also contains SPF 50+. In the evening you will follow the same regime however add the Tensage ampoule prior to moisturising your face.

- For the first 4 days after your treatment, use a cleanser that does not contain Glycolic Acid. We recommend our Advance Cleanser alternatively you could use a Micellar Cleanser or QV wash which can be purchased at your local pharmacy or supermarket.
- After day 4, you may return to your normal cleanse routine (Glycolic Acids). We recommend the use of our Foamer 15.
- Apply Stratamed both morning and night for the first 4 days or as recommended.
- Use K Ceutic every morning and night for at least 2 weeks, as a post treatment repair cream.
- Apply a Tensage ampoule each night for the first week, then once a week for the next 3 weeks.
- Use the skin care regime for day and night as advised for your individual needs by your clinician/therapist for best ongoing treatment.

Possible Side Effects

- Sunburn like reaction
- Redness
- Swelling
- Small scabs may appear, they will disappear within 3-5 days
- Possible blisters (rare)
- Possible welts (rare)

Disclaimer:

Post care is individual to everyone, so this should be used as a guide only. Should you experience any burning, stinging, excessive redness, pain, excessive dryness, any signs of infection, including new breakouts, please contact our clinic as soon as possible. Our medical team is here to help you at any point along the journey. We are invested in making sure that you obtain the best outcome.

Any queries, please call 6293 1066 or email us at; contact@medicalskinandlaser.com



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RFMN

AM	PM
Advance Cleanser	Advance Cleanser
Stratamed	Stratamed
K Ceutic	Tensage ampoule for the first 7 nights
	K Ceutic
Day 4 - 30	
Switch to Foamer 15	Foamer 15
Stratamed	Stratamed
K Ceutic	Tensage ampoule in the evening until day 7 and then once a week in the evening
	K Ceutic

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